

Dr Axe Cookbook

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## Summary:

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Natural Recipes to Improve Your Health! - Dr. Axe This content is strictly the opinion of Dr. Josh Axe and is for informational and educational purposes only. It is not intended to provide medical advice or to take the place of medical advice or treatment from a personal physician. Dr. Axe | Health and Fitness News, Recipes, Natural Remedies Dr. Josh Axe, DNM, DC, CNS, is a doctor of natural medicine, chiropractor, clinical nutritionist and author with a passion to help people get well using nutrition, natural remedies (including essential oils), healthy recipes and fitness. The Real Food Diet Cookbook by Dr Josh Axe 2010-11-08 ... Dr. Axe writes a great book full of information and recipes!! Anyone trying to get their body healthy, and eat the way "God intended us to eat", should read this book.

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